

# Lamb Steaks



## Method

These are becoming increasingly popular and can be cut either from the leg or the rump of the lamb.

They can be served either plain or marinated. A suggested marinade might be spring onion and ginger, or redcurrant and rosemary, orange and mint. Simply grill for four to six minutes per side.

Copyright © T.Harper & Son Limited (1996 - 2007). All rights reserved.